### Testimonials

| Acid Reflux                                                                 | Anne came to me for NAET treatments for Acid Reflux. She told me that her 10-year-old son had died on the soccer field in 1994 of a birth defect in his heart that was unknown to her. She said her mom had died in February 2007. In October 2007, her Acid Reflux started. She started treatments in late 2008. She was allergic to many foods and could not eat very much. She had eliminated so many foods from her diet. She was taking 2 Apo Ranitidine pills per day to help with the Acid Reflux. After treating for her basics, we did a combination treatment for salt and an emotional treatment for Chronic Grief.
|                                                                             | It was during the emotional treatment for Chronic Grief that she realized all the grief she had held for the past years and that it was time to let it go. Tears were in her eyes as we did the treatment. She no longer takes any pills and she is eating many varieties of food that she had eliminated. She is still completing her treatments.
|                                                                             | MC
|                                                                             | NAET Advanced 2 Practitioner
| Acupuncture into 21st Century                                               | "Acupuncture using Nambudripad's Allergy Elimination Techniques gives me great satisfaction in treating my patients. My patients and I love the results with NAET®...it brings acupuncture into 21st century."
|                                                                             | Denis Alvino, OMD., L.Ac.
|                                                                             | Los Angeles, California
| Allergic Patient to Return to Normal Function                               | "Dr. Devi's techniques represent a profound understanding of the body's reset mechanism which allows the allergic patient to return to normal function. This is an easily tolerated systematic approach which shows excellent results in clinical practice."
|                                                                             | Dr. Randol J. Christman, L.Ac.
|                                                                             | Kihei, Maui
| Allergies since Childhood                                                   | "By using N.A.E.T. treatment, I have been able to help our patients eliminate allergies that have been with them since childhood. Thank you Dr. Devi, for sharing this miraculous technique!"
|                                                                             | Sandi Ihlen, R.N.
|                                                                             | Anchorage, Alaska
| Allergy to a Friend's Watch                                                 | A watch allergy? Really? It wasn't the metal or the battery or anything related to the physical watch that I was reacting to. It had belonged to my dearest lifelong friend. I inherited the watch and was wearing it as a remembrance of someone I miss very much. Having it with me certainly helped the remembering. There were times I could not think of anything else.
|                                                                             | At first, I thought that grief was running its normal course. But it was more than that. There were many emotions tied up in the energy of this watch that were affecting me somewhat negatively whenever I wore it. My NAET practitioner asked me to remove it when she went to treat me for other allergens saying I was allergic to the watch. She said I had an event to clear and 5 emotions that went with the allergy to the watch.
|                                                                             | In time, MC treated me using NAET for the emotions connected with the watch as well as for the event of my friend's death, 1
<table>
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<th>Testimonials</th>
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<tr>
<td><strong>Allergy to Contact Lenses</strong></td>
<td>I love the feeling of not having to wear my glasses but I have always hated the itchiness and dryness I felt when wearing my contact lenses. After my first NAET treatment with MC, I noticed a big improvement with the contact lenses and my eyes. My eyes have been itch-free and moist ever since. I can wear my contacts without problems now.</td>
</tr>
<tr>
<td>Tim</td>
<td>Toronto, Ontario</td>
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<tr>
<td><strong>Allergy to Men</strong></td>
<td>While having my original testing MC discovered I was allergic to some hormones. One of these was testosterone. I joked and said &quot;does that mean I'm allergic to men, because that would make perfect sense to me&quot; and we both laughed. While laughing she said &quot;hang on. I have a vial for men, which I've never used&quot;. She tested me and probably my biggest weakness was to this vial. Eventually she treated me for men. Shortly after the treatment I went on vacation for a week to Texas. While there I asked my friend, who lives there and we were visiting, to find me a cowboy to dance with. Well she did! I was introduced to Malcolm, we danced a lot that night, ended up spending the next 48 hours together. When I saw him the next day, I was leaving the following day, he asked me when I could come back. &quot;Can you please come back for a day, week, month, year or the rest of your life&quot;. I went back 2 1/2 weeks later and spent a month with him. I would have stayed longer but I had to return to work. He is now getting his passport, has never had one or left Texas before. He is the most wonderful man I may have ever met.</td>
</tr>
<tr>
<td>Thank you MC, I will keep you posted!!!</td>
<td>Leanne</td>
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<tr>
<td>Toronto, Ontario</td>
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<td><strong>Allergy to Motion</strong></td>
<td>For the first time in 30 years of taking public transportation in Toronto, I was able to travel at the back of a streetcar with all its stops and starts, without experiencing the usual symptoms of motion sickness. I credit 100% of this new travel experience to my NAET treatments given to me by MC, my NAET therapist.</td>
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<td>Louise</td>
<td>Toronto, Ontario</td>
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<td><strong>Allergy to Teaching a Class</strong></td>
<td>I was recruited to fill in for a teacher on leave and found the &quot;performance anxiety&quot; of it all, crippling. MC treated me for limiting beliefs the day before a class and I was able to perform with a clear and confident mind. Thanks MC for the relief!!!</td>
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<tr>
<td>Vivian B</td>
<td>Vancouver, British Columbia</td>
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<td><strong>Anesthesia</strong></td>
<td>After retiring from psychiatry after practicing for over forty years, I must say that I have been pleasantly surprised at the dramatic results which have occurred in my practice over the past few years. This has been especially true with pediatric</td>
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patients.

I have seen a little girl who developed a bad rash on her buttocks every time she sat on her potty chair, who obtained immediate relief when her allergy to plastic was cleared. A four year old girl had bad stomach aches after ingesting milk, but after NAET® treatments for basic allergens plus milk mix she told her mother "My stomach doesn't hurt now." A couple of teenage boys had been plagued with multiple asthmatic episodes, but, after each received a series of NAET® treatments, they have now gone many months with no serious episodes.

Another young girl was not able to play outdoors without developing severe eczema, but after NAET® treatments for radiation was able to play outdoors with no problems. A twenty-month old girl had never stood or walked on her own, but she had successful surgery on both feet at age six months. After receiving NAET® treatment for anesthesia, she stood alone for the first time several hours later, and was walking alone two days later. A six-week old boy had a rash on his face and was very irritable every time he nursed. He received NAET® treatment for his mother's breast milk, then was more content immediately after he resumed nursing and his rash disappeared within a few days.

These types of dramatic results, along with elimination of specific food allergies, make NAET® stand out, in my opinion, as more effective than any other treatment program that has been developed up to this time in the history of mankind.

Robert M. Prince, M.D.
NAET® OF NORTH CAROLINA
Charlotte, NC

Asthma Allergy

My asthma had restricted me from participating in a lot of sports over the years. While I was quite skeptical at first, through NAET and MC, I have been medication free and enjoying all of the sports I can handle!

Thanks!

Darryn
Toronto, Ontario

Astonished at their Results

"My patients, ages 6 weeks to 65, are astonished at their results from the Nambudripad's Allergy Elimination Treatment with acupuncture. Their chronic problems have "magically" disappeared.

Lesley Migdali, L.Ac.
Inglewood, Calif.

Atypical Squamous Cell Allergy

About 3 years ago, I had just left a relationship and was to be moving to MN when I went for a routine pap smear checkup and I was diagnosed with Atypical Squamous Cells (perhaps High Grade).

My NAET practitioner offered to give me N.A.E.T. treatments twice a day. I knew that my practitioner had studied many different healing protocols and learned that she was one of the top NAET practitioners, having studied directly under Devi Nambudripad and having studied 14 of the 17 courses available. I had never had any NAET treatments, but I did not want to
<table>
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<th>Autism due to a Fear from the Womb?</th>
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| Monica was eight years old when she was brought to our clinic. This beautiful girl was born autistic. She was nonverbal, noncommunicable with no eye contact. Any little noise made her scream and hide under the table or behind a door. While she was being examined, a fire engine passed by my office and she was frightened beyond description. Through NTP (NAET® Testing Procedures) we detected a fear that had affected her while she was in the womb at eight months. Questioning her mother Sonya, it was revealed that something horrible had happened while she was expecting her during the 8th month. Sonya had gone to do some shopping at about 10 a.m. When she returned to her condominium she found many fire trucks and police cars blocking her entryway to the condominium. Her condo had burned down completely as well as the neighbors’ on both sides. The fire had started from her condo. She had left some food cooking on the stove and forgot to turn it off when she went to the market. She was so devastated about the whole thing that she became very sick and began having labor pains. She was admitted to the hospital immediately and stayed for a couple of weeks until Monica was born.

Sonya’s story supported the result of NTP. It is believed that the fetus absorbed the fear and became autistic when born. We treated Monica for this fear as a first treatment and she calmed down after the treatment for fear. She continued NAET® treatments for 18 months. She is a 14-year-old, normal, beautiful girl attending a regular school now. Autistic children should be checked for all possible emotional blockages before and after birth.

NAET® Specialist: Mala Moosad, R.N., L.Ac.
Testimonials

6714 Beach Blvd., Buena Park, CA 90621
(714) 523-­8900. email: NAET®@earthlink.net <http://earthlink.net/> 

Back Pain and Allergy to Plastics
I want to share a NAET® MIRACLE WITH YOU. One of the patients I have been working with has gone from doctor to doctor with severe pain in her back for years. She had surgery on her back just about 6 years ago, and the pain has never gone away. After her initial NAET® treatments, she was using the O-ring test and discovered that she is allergic to plastics. I confirmed this with NST. She even got sick while touching the steering wheel in her car. She has been working through the basic 15, and true to what you said, as she is able to eat, her immune system is improving and her sensitivities to the same allergens are less severe.

We both noticed that although she has not been treated to plastic and vinyl she is not manifesting the symptoms she previously had. She is very poor at details in her history. While treating her using the Arthrostim, she said, “It feels fine. I did feel it hit the plastic plate in my back.” When she said the word PLASTIC, a light went on for both of us. I had been treating her plastic all along, the one she could not avoid since it is inside of her body. That is why her back pain had lessened and almost disappeared. Likewise, that is why she is showing less allergic response to all plastics and vinyl. ANOTHER MIRACLE USING NAET® to cure 6 years of pain, which doctors said was of unknown origin.

This, less than two months of practice, NAET® practitioner solved the mystery, and the problem is being treated and is almost completely resolved since she no longer suffers with back pain.

Thanks again Devi. My patient also sends her appreciation.

NAET® Practitioner: G. Allen, GA

Barometric Pressure
Barometric Pressure Allergy
I have always been bothered by changes in weather. I get pressure headaches and body aches when a storm is approaching which stays with me until it actually starts to pour rain or clears. MC had told me to beware of reactions to any treatments and the day after a treatment, I developed a wicked headache. I called MC and she had me come right over. She discovered that it was the barometric pressure change which was the problem, one of my allergies which we hadn't treated for at this point. I wasn't allergic to high or low pressure separately but I was to both together, which would be changing pressure. She began treating me for them together along with precipitation, (another allergy). It took a few treatments to totally cure me of this but it has definitely improved. Now recently, after 2 months, I have been through tornado weather while in Texas and had no problems while other people I know are suffering with headaches.

Thank you so much!!!
Leanne
Toronto, Ontario

Breast Milk Allergy
My newborn son was four weeks old and had terrible baby acne on his face, head and body so I asked MC if she could help. My NAET practitioner tested my son and she told me he was allergic to the combination of my breast milk and his skin. She
<table>
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<tr>
<th>Testimonials</th>
<th>treated him and the following day, his skin started clearing up. Four days later, his skin was perfect again. Thanks MC! Katrin Toronto, Ontario</th>
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<tr>
<td>Car sickness</td>
<td>I want to relate to you how well your NAET treatment for carsickness works. Both my wife and daughter have always been severely sensitive to motion sickness. My wife literally would get sick within two minutes in a car. She has always thrown up if the drive lasted more than an hour even on smooth roads around town. My daughter was the same. It was a common event to quickly open the doors while going on a trip so they would exit the vehicle and throw up. My wife needed to attend a field trip with my son’s school. She did not have the option to drive her own car and would have to go on the school bus. The bus was not air-conditioned and the trip was up a twisting mountain road. I told my wife about the NAET treatment and I was going to try it out on her. While we were doing the treatment she was laughing and thought I was pulling her leg! She did not believe that I was serious due to the nature of the treatment. The next day she boarded the bus and made the round trip up to the mountains and back. When she returned home, she was amazed; she did not feel sick. She is still amazed that her lifelong sickness was cured but was still able to laugh during the treatment! My daughter was next to be treated. After completing NAET Basics, the NAET treatment for motion sickness was given to her with similar outcome like my wife. She has been treated for all commonly seen motion sicknesses by now: playing tennis, sailing, dancing, etc. The outcome was identical with long-lasting benefits with each one of them. The problem now is when we go to amusement parks, my wife and daughter come off the ride laughing at me because while they are fine, I am still leaning over the rail trying not to lose my lunch! Since that time both my wife and daughter never felt carsick at all and seven months have passed without any motion sickness. Dr. Adam Vigil, D.C. 4455 Riverside Drive, Chino, CA 91710 Tel. (909) 628-0090</td>
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<td>Cat Allergy</td>
<td>I’ve been having regular NAET treatments for the last six months, and for the first time in 39 years I feel allergy free. All of my life I was under the impression I was severely allergic to cats. Thanks to my regular visits to MC’s clinic I was able to see that I actually had a score of food allergies I never knew about. I was merely sensitive to cats. Now that I’ve cleared a lot of basic foods I’ve always been allergic to, I’m able to live in comfort with the two cats I’ve inherited. No more plugged nose, no more sneezing fits, no more antihistamines, no more always looking for my asthma inhaler. NAET definitely works. Charles Toronto, Ontario</td>
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<td>Chemical Toxicity</td>
<td>A 43-year-old female: Beginning about 10 years ago, she worked approximately 2 years in a print and copy shop, handling hazardous chemicals, without being provided warning or appropriate handling instructions. Her health declined during her employment there, to the point she was barely able to function. Then she accidentally found one of the warning papers, shipped with the chemicals she was using. Recognizing this was causing her health problems, she quit the job. However, her health continued to decline to the point she was house bound, and required assistance anytime she left her bed.</td>
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Seeking medical help brought the denial of her illness, or chemical toxicity, and she was told her troubles were psychosomatic or of psychogenic origin.

She turned to alternative helps, and found a naturopath and some chiropractors, who were knowledgeable and over a period of about 8 years made enough recovery to be able to move around (by using a lot of determination and rather severe self-discipline). She began NAET® on October 22nd, 1999. Because of her condition, she couldn’t tolerate or afford frequent treatments, but has received about 6 NAET® treatments per month for 8 months. Her recovery has not been swift, smooth or steady. Priority has been dictated repeatedly by required emergency care. Notable, was the time in March of 2000, when a radiator hose broke on her car, exposing her to ethylene glycol (anti-freeze) vapor. This made her sick and in pain for several days, and was severe enough she had to be treated through a surrogate the first two times. Definite recovery intervals were noted after the basic 10, parasites, perfume, and certain combinations from her environment.

Now, definable improvement is certain in her case. Her improvement has enabled her to secure a job, and she displays better energy, a better smile and greater hope. She appreciates us and the improvements won through NAET®.

Frank Smith, D.C.
9505 W. Central, Suite 104, Wichita, KS 67212
(316) 729-1633

**Chocolate Allergy**

Well, she did it again. As a teenager, I noticed I got a sharp pain in the head from eating chocolate. It felt like a spike had been driven through my skull and into my brain. I stopped eating chocolate. I would always be a stick in the mud when friends would want to serve me something with chocolate. There seemed to be chocolate in everything. In the course of my NAET treatments, MC found out about my dietary restriction and said that this was an allergy and I could be treated for it. Near the end of basics we started. It took three sessions. She had to treat "fear of chocolate" as part of it. I have done extensive testing with lots of different substances including mint chip ice cream. I am spike free and I am no longer a stick in the mud.

Doug Hitch
Whitehorse, Yukon

**Christmas Tree Allergy**

"My wife's irritating, impossible Christmas tree allergy eliminated by Dr. Devi Nambudripad's fantastic acupuncture discoveries. Her method will revolutionize the current medical approach to allergy treatment for all people."

Dr. Stanley Y. Inouye, D.D.S., M.S.D.
Sacramento, California

**Cleaning Product Allergy**

I have been practicing kinesiology for 4 years. I treat my kids and others for allergies all the time. This time, my son got a rash all over his back and chest. It would appear and disappear in different patches all over his body and was extremely itchy. The doctor said it was an allergy and gave me antihistamines. I got to work testing him for anything I could think of and even treated him for laundry detergent and other things. But, the rash would not go away. The doctor gave us one day and said if it's not gone in 24 hours, he will send us to the hospital for steroids. Normally steroids are given at home but my son has a severe heart defect and the steroids would interfere with his medication. So, he needed to be hospitalized. Needless to say, I panicked and called MC, my NAET practitioner. I couldn’t come in to see her so she tested him over the phone while I thought...
I cannot thank you enough for helping me get my life back!

I had been suffering from digestive upset and frequent bowel movements (15 to 20 a day) for 3 years since getting food poisoning in 2005. Doctors told me I did not have food poisoning but rather a stomach virus. Over the next year, the number of foods I could eat was decreasing and I continued to get more and more ill. Finally, doctors diagnosed me with colitis in 2006 and put me on Asacol - a non-steroidal anti-inflammatory. These pills were not working so doctors wanted to put me on stronger medications and told me I would be on these medications for life.

Not interested in taking medications where the side effects were the same as the issues I was trying to resolve, I began to seek help from naturopaths. I had some successes but it was definitely a two-step forward, one step back process. The number of foods I could eat kept on decreasing, even with the help from the naturopath, to the point where no matter what food I ate I felt sick. I had lost 30 lbs throughout all of this and had very little energy - getting out of bed was a challenge most days.

Blood tests that I had done through a naturopath had revealed a significant egg allergy, and also allergies to dairy, almonds and pineapple. As the foods I could eat continued to decrease, I started to search for a way to treat my egg allergy and this is how I found NAET.

When I first started NAET, muscle testing had revealed that I was actually allergic to most items under the basic 15 (such as vitamin C, B complex, sugar, salt etc), and many more items beyond that. It also confirmed that I had contracted a bacteria and a parasite when I had the food poisoning in 2005. As we went through the basic 15 and the combination treatments, the more foods I cleared the better I felt. I started putting on weight and my energy level improved significantly.

MC discovered that my bowel movements were directly tied to unresolved emotions related to my dad’s passing in 2002 - he had stomach cancer. As we worked through the basic 15 combinations, we also worked on these emotions. Finally my body was strong enough to be treated for a number of these unresolved emotions and I felt a calm that I had not felt since before my dad was diagnosed with stomach cancer, more than 10 years ago. With the thoroughness of the basic 15 treatments and the work on my emotions, I was no longer allergic to most of the other items I initially had allergies to. Even allergies that I had since high school like dust, pollen and cats were cleared by the Basic 15. Also, the bacteria and parasite are gone and I am thrilled to say that I no longer have colitis. I am still amazed that food allergies and emotions had made me so ill - my.
naturopath is surprised and thrilled with the significant progress I made in such a short time, and my family is incredibly happy - even my mom has now started NAET.

I am so excited to start the activities that I had given up and living the lifestyle that I have always enjoyed. Thank you so much! NAET is amazing and I fully appreciate your guidance and help. I feel like me again!

Linda B.
Toronto, Ontario

I am a 53 year old woman who had been going to MC for NAET treatments every 2 weeks for about 5 months. All my initial issues had been treated successfully and I decided to take a break for the winter months. At the beginning of December, my period started but wouldn't go away. I had never missed a period, although I understand that is unusual for my age. I figured that it was the onset of menopause; it was not heavy, just a nuisance. After 6 weeks, my period became extremely heavy. I went to see my medical doctor and he gave me 10 birth control pills to stop my period, and made an appointment for an ultrasound and an appointment with a gynecologist 2 months later. On the pill, my period stopped only a couple days, then came back with a vengeance. The ultrasound showed multiple cysts on my ovaries and uterus, which I had never had. I returned to my doctor and he gave me more of the same pills while I waited to see the gynecologist. I went back to MC in February and we discussed my new issues. She was concerned about the cysts (which didn't seem to concern my doctors). Using muscle response testing, she asked my body several questions.

Is it an allergy? Yes
Is it an allergy to food? No
Is it environmental? Yes
Is it outside? No
Is it at school? (I'm a teacher.) No
Is it something at home? Yes

MC had me describe my home and she determined that the source was in my kitchen. She had me describe my kitchen and determined that I was allergic to my Silestone countertop. Silestone is granite that has been ground up and put back together with epoxy to have a more uniform look. We discussed the fact that when I stand in the kitchen, my countertop is level with my uterus. I also have a breakfast counter, and when I sit, the counter is level with my uterus.

I went to a kitchen store and got a piece of the exact Silestone so I could be treated. Since I was so allergic, I had to spend a night in a hotel, to be far away from my kitchen. I finally went to see the gynecologist. He didn't examine me, just gave me 2 weeks worth of birth control pills, and told me to come back for a biopsy in 5 weeks. After the pills, my period came back with a vengeance yet again. It had finally stopped on its own and then I went for the biopsy. I waited 2 weeks for the diagnosis, and everything is fine.

I am now having regular periods again. I would rather be done with them, however, after all the tests and medicine, I know
| Testimonials | that MC was the only one who asked why, and the only one to answer the question. If a 4 month period is normal for the beginning of menopause, then I would be done. I am not finished, I believe that my allergy has been cured, and I am back to regular periods. Without NAET, I believe that it is a strong possibility that I would have had to have a hysterectomy, which my mother and my sister both had when they were about my age.  
D.R. Markham, Ontario |
| Dental Materials | "Dr. Devi Nambudripad's Allergy neutralization technique combined with acupuncture, kinesiology, and chiropractic techniques is a revolutionary concept in the area of nutrition, allergy and energy work. Concepts of reprogramming nutritional, and emotional systems will open a new whole area of how the mind and body function. This absolutely changes negative reaction not only to food and environmental substances but to the dental materials also. This knowledge of reprogramming the brain's negative pattern has changed my practice for ever. I am deeply grateful to Devi for sharing this knowledge with me and I have no doubt that very soon this will change the medical and nutritional history."  
Vaughn T. Harada, DDS-Dental Acupuncture  
Malibu Canyon, Calif. |
| Dysfunction in the Body | "I always considered myself a most open-minded physician, but must admit, I attended Dr.Devi's course with great skepticism. After all, who could believe that a simple 15 minute treatment utilizing acupuncture could remove an allergy. Furthermore, who could believe that an allergy to fabric, nutrients themselves, or other common, everyday, natural and artificial substances could produce such common, everyday dysfunction in the body. I have seen the most amazing things with NAET® technique from instant and removal of daily, intractable headaches to near anaphylactic reaction to fish. I am delighted to have participated in the seminar. There is more than 'something to it'. "  
Robert J. Rowen, M.D.  
Anchorage, Alaska. |
| Eczema | I came to MC for treatment of my eczema in January 2010. I had never suffered from it before August 2009 when I started developing red and itchy spots first in my nostrils and then around my eyes. Prescription creams helped a bit, but it always came back, popping up in different places all the time; red and angry and itchy. MC was convinced that the eczema was actually an emotional allergy. In fact, I was still deeply grieving for my baby girl who was born and died that May. She assured me that the eczema would go away with the treatments, and that she would treat the emotions along with the other allergies ...... and sure enough....it went away. I think it took 2 months of bi-weekly treatments. I have not thought about eczema since. MC has continued to help me heal emotionally and physically. She is a true healer. Wise, compassionate, totally dedicated, with a delightful laugh like tinkling bells. I am hugely grateful to MC for helping me and teaching me in so many ways.  
Erica  
Toronto, Ontario |
| Effects of NAET | Well it's been quite a journey – a magical mystery tour - if you will. |
### Testimonials

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<tr>
<th><strong>When I started coming to you I was looking for relief from constant sneezing, constant congestion, itchy skin, red rashes on my face as well as the stomach aches that most foods were causing me. I just wanted to be able to eat anything again.</strong></th>
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<tr>
<td>I got that relief but so much more – and things I certainly wasn't anticipating nor could have ever imagined! You helped me get rid of beliefs, fears and negative emotions that were holding me back from leading a healthy, balanced, less stressed life and I feel infinitely better.</td>
</tr>
<tr>
<td>Some of our sessions felt more like therapy sessions than allergy sessions but much more enjoyable! I knew from my early sessions that what you were doing was going to help and I could trust in that and you as I had the evidence to prove it – I could eat anything and not react!</td>
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<td>I always felt in good hands and in a safe environment when some of those sessions were difficult – and the bonus - you always made me laugh! I'm so glad that I found you and NAET and thank you profusely for all your help and kindness.</td>
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| LM  
Toronto, Ontario |

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<th><strong>Egg Allergy</strong></th>
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<td>I thought you might rejoice sharing this boy's happiness. Kevin was unable to eat eggs. When he ate any products with eggs in them, his mouth turned into fire, his throat swelled, and he had to be rushed to the hospital ER or given an epipen injection. He was unable to enjoy birthday cakes and other delights made with eggs for four of his seven years. After his first NAET® clearing for eggs, he was able to have a small egg products. After clearing many combinations associated with eggs, including mayonnaise, cake frosting, stomach acid, grains and finally soybean oil and lecithin, Kevin is now able to eat any egg products - as much as he wants - without any reaction whatsoever. He's one very happy child, thanks to NAET®!</td>
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| Gary Erkfritz, D.C.  
Thousand Oaks, CA |

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<th><strong>Energy Level</strong></th>
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<tr>
<td>Before beginning NAET treatments I had no energy and couldn't get through the day without a lengthy nap. I also found it hard to focus, concentrate and remember things. It was very frustrating and hard to keep a good job. I also suffered from headaches several times a week and didn't sleep at night due to restless leg syndrome.</td>
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<tr>
<td>After several NAET treatments I realized that I had much more energy and wasn't napping in the afternoons. My memory improved and my thinking was sharp and clear and I was able to focus and concentrate. I also noticed a drastic reduction in the number of headaches I was getting. After further treatments I noticed a decrease in my food cravings, in the amount of food I ate, and I began to lose weight. I also was no longer experiencing the horrible cramps and other problems associated with my irritable bowel syndrome.</td>
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<td>My body and mind feel very healthy and alive and I would highly recommend NAET to anyone interested in improving their health and lifestyle.</td>
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### Environmental Illness

Environmental Illness is a complex disorder that can be all consuming and even life shattering for the person suffering with it. Seven years ago after healing my own extreme case of environmental illness, I shifted the focus of my clinical practice to assisting others with this condition. NAET® has been a most valuable aid in this regard. For some, NAET® alone has led to dramatic improvement. For others, NAET® has provided relief and a stability that has enabled the individual to pursue other processes essential for their full recovery.

Thank you Dr. Nambudripad for your wonderful discovery!

Dr. Robert Sampson, MD  
Co-author, Breaking Out of Environmental Illness

### Escape from Allergy Hell

"I have treated patients from age two months to 70 years old, and find enormous pleasure in watching how their lives change from such simple acupuncture technique. One says,"I felt as if I was let out of jail!" Another describes it as "escape from allergy hell." My patients' improvement in health, mood, and behavior is, in some cases, incredibly profound, and the credit goes to the Nambudripad’s Allergy Elimination Technique. Thank you Devi, for a technique that so quickly transforms so many lives."

Carolyn Reuben, L.Ac  
Sacramento, CA

### Extreme Hives

The very worst symptom from my various allergies has been dealing with extremely itchy hives on my hands and feet. In those month's before I started seeing MC, I had an idea of what foods triggered the hives, but my allergies were way more complex than just food being the cause. So, every night, I would have to deal with my itchy skin. My western doctor was at a loss, and had prescribed me various cortisone crèmes, which only helped to dull the symptoms, not address the cause.

During my NAET treatments with MC, the itching became less and less with each session. Sometimes if I was overcome with itching the night before a treatment, the next day MC would be able to tell me what caused it, and I would add that item to the list of things to avoid for the time being.

Slowly but surely, each week, the itching was less and less. I can now eat most things that at one point caused hives, without having a reaction! I am so thrilled about this, since there were so many things under the sun (including the sun!) that gave me hives. MC had her work cut out for her with this symptom, so I truly admire her patience with tackling this long-enduring reaction.

I cannot thank you enough MC! The absence of hives in my life has brought me many peaceful nights and freedom in what I choose to eat and do. You are the best!

MM  
Toronto, Ontario
**Testimonials**

**Eyes and Vitamin A Allergy**

Patient Information:
S. Akar  
17831 Kensington Ave, Cerritos, CA 90703

I treated this patient who had severe problem seeing. After the fifth NAET® treatment, I treated her for Vitamin A. Immediately after the vitamin A treatment, the patient began to say, "I can see the details of that floral arrangement the fog is gone." She had visible cataracts on both eyes. Upon examination, the area where the cataracts were was brown, the normal color. Her vision continues to clear daily.

When Jesus had called the Twelve together, he gave them power and authority to drive out all demons and to cure diseases and he sent them out to preach the kingdom of God and to heal the sick. Luke 9:1 (NIV)

demons often = emotional healings and NAET® clearings for allergies

G. Allen, R.N., Ph.D., GA

**Feeling Cold**

Hi again!

My feet have been freezing in bed for the past couple of years making it very difficult to get to sleep, even with a heating pad. Not anymore! No heating pad and my feet are warm and I’m warm, too. And the thermostat has gone from 25 down to 20! This is going to save me a bundle for propane this winter.

I AM HAPPY!!!!!!!!!!
Thanks.

AW  
Bancroft, Ontario

**Flu Vaccine and Pain**

Dear Dr. Nambudripad,

I had an 11 year old girl with intense pain come to my office yesterday. She had received the flu vaccine about 5 weeks ago and immediately had a sore injection site, symptoms got worse as the days progressed. Patient was in a wheelchair for a few days because she was in too much pain to walk. She was hospitalized and underwent various extensive tests, including a 4-hour bone scan, was given pain medications, started on antibiotics, visited the Chiropractor for treatments, received acupuncture, etc. and patient was still walking hunched over and in extreme pain and required assistance to get into and out of bed, etc. Frustrated, finally, her pediatrician referred her to me to give NAET® a try!

Her mother said she looked like an 80 year old when she brought her to me. After evaluating her presenting condition, I decided to do NAET® Emergency treatment on her for the Flu Vaccine. QRT revealed that NAET® treatment was needed to be repeated about 50 times through her mother as a surrogate every ten minutes. Her body did not agree to do any shortcut treatments. But her pain decreased with each repetition. Patient was amazed that her pain was completely gone after the
**Testimonials**

<table>
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<th>Required number of treatments. She could touch her toes, bend backwards, lift her knees to her chest, all of which she was unable to do for the past several weeks. We were all ecstatic... and another positive aspect of this encounter was the fact that her pediatrician ENCOURAGED her visit to my office to give NAET® a try! Wasn’t that GREAT? Our colleagues are finally considering NAET® as a powerful alternative.</th>
</tr>
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</table>
| Cheryl Cameron, L.Ac.  
Bathurst, New Brunswick, CANADA  
Email: choosing_health@hotmail.com |

**Follow Devi’s Protocol**

| I’ve been doing NAET® for a couple of years now and in working with autistic and ADHD children, I’d forgo the usual protocol of having the surrogate lying down and just MRT them sitting up. Usually I’d only have to treat a substance once or twice, and couldn’t understand why other people were having to treat something a number of times. Recently I tested a friend for egg mix. Although I had treated him for egg mix long ago, and the indication was that it had cleared, he suspected there was still something wrong - it had not cleared. I tested him sitting up. He implored me to check him lying supine, which I did. Lo and behold, he was IN FACT allergic to egg - STRONGLY sensitive - and I hadn’t uncovered it. Since that time I have been rechecking many of my people in the supine posture rather than sitting and have found a number of allergens that I THOUGHT were cleared, were in fact NOT cleared. And, I am really good at MRTing (first studied muscle testing with George Goodheart in 1969 and have been muscle testing ever since), so I don’t believe that is the issue. The object lesson here is: Do it EXACTLY the way it is demonstrated by Dr. Devi. She gets fabulous results with her patients, whether she treats for just simple allergies, or more chronic and complicated ones like asthma, autoimmune disorders, autism, arthritis, lupus, crohn’s disease, irritable bowel syndrome, migraines, or emotional disorders. She teaches us the same simple technique just the way she does on hundreds of patients on a daily basis. Then what is the problem? Problem is within us. We just don’t like to follow anyone. We have to make it slightly different from the norm. The RESULT? Messed up NAET®...just the way I was doing it all along. |
| The object lesson here is: Do it EXACTLY the way it is demonstrated by Dr. Devi. You can get better results with NAET® if you can learn and practice just the way she teaches you. |
| Dr Gary Erkfritz  
Thousand Oaks, CA |

**Food Allergies**

<p>| I’ve been struggling with food allergies for years and joked that soon I was just going to have to take a pill as everything I ate made me sick in some fashion. I went for allergy testing and found out that there were about 5 foods (okay maybe 10) I wasn't allergic too. I cut everything out and felt better but it certainly wasn't how I wanted to live – restricted to the same 10 foods all the time. Someone told me about NAET and I found MC’s website. Initially I chose MC as my NAET practitioner as she had taken numerous NAET courses and was also trained in Acupuncture, Reiki and Chinese Medicine. I stuck with MC because she is committed to her practice, excellent at what she does and is engaging and fun. The results have been amazing. Not only can I now eat foods that made me sick before NAET treatments, I no longer suffer from the environmental allergies I’ve had since childhood. NAET definitely takes commitment but it is worth it. The freedom to eat anything and feel great is like a miracle. Thank you! |
| LM |</p>
<table>
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<th>Testimonials</th>
<th>Toronto, Ontario</th>
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| **Free of Symptoms** | "I have seen NAET® put my extremely sick patients back in control of their lives once again! After completion of NAET® treatment program, they are free of symptoms, free of excessive medications, and free once again to enjoy the good health!"
| Dr. Jan K. Steele, L.Ac., O.M.D. | Los Angeles, Ca. |
| **Frozen Shoulder** | Good Evening! I just finished my first day incorporating NAET® into my practice. What Fun!! My patient with longstanding frozen shoulder came in today. I used the Acute system NAET® and found he was allergic to the Chemical mix. His arm shot down like a rocket when I took him through the treatment process. That's a BIG WOW!!!! We were all grinning like Cheshire cats at the results. ;-) Thanks again for sharing this incredible, valuable, information. Best Regards. |
| Miriam C. Shultz, D.C. | (256) 931-0464 |
| **Fungus** | "Three years ago I began using Dr.Devi's Allergy Elimination Technique. Ever since, I have had great success in eliminating allergies to all food, mold, yeast, fungus and dust. I really can't imagine practicing without it now. I look forward to treating those difficult and sometimes baffling cases of chronic fatigue and depression with flu like symptoms, "brainfog", hyperactivity, migraines, PMS, etc. I have learned that many of these patients, with their puzzling conditions wear out their welcome at doctors' offices because of the difficulty in treating them effectively and safely. These are often the patients with hidden food allergies and environmental hypersensitivities. It is gratifying to be able to clear their debilitating health problems and restore hope after decades of despair."
<p>| Dr. Arthur I Cushing, D.C. | Gardiner, Maine |
| <strong>Gas Attacks</strong> | Thanks MC, |
|  | I think we're on the right track. I ate a full dinner (minus dessert) with no gas attacks. I'm so thankful. This gives me hope that my body will be able to do what my mind thinks of. I'll be able to keep my house organized and get some work done - sewing, studying, taking my e-commerce course, being reliable when I say I'll do something. I'm looking forward to even more positive effects when I see you on Wednesday. |
|  | I feel like I managed to stop a car with my front wheels sort of over the edge of a cliff and this treatment has gotten all my wheels back on solid ground so that I can look forward to reversing the effects of having my liver have to scream at me to get me to change doctors and get the help and recognition of the problem that I needed in order to effectively correct it. |
|  | Since the Cirrhosis diagnosis last November, the gas has gotten worse and I've gotten depressed, but I think hope has arrived and I'll be feeling much better now that my burping mechanism is working again and the stopper has been removed from my fluid retention problem. I only wish I'd weighed myself before I left for treatment yesterday afternoon. Then I could have figures to gage my effect on the Ascites aspect of Cirrhosis. |</p>
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<th>Testimonials</th>
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| I thought that since you were going to confer with others about me, I should let you know immediately about the vast improvement in my health and outlook. I feel like I've backed up a year and a half, at least...but without the extreme eye pain and light sensitivity that I was already experiencing at that point.

Thank you for stepping out of the prescribed method and addressing my particular needs. It has worked well enough to astound even me.  

AW  
Bancroft, Ontario |

| Genital Herpes | For thirty years I suffered frequent outbreaks of genital herpes. They would appear almost monthly and especially when I was tired or during spring allergy season when I was run down. I would have painful blisters and nerve pain that might continue for a week. Besides the physical discomfort, the outbreaks were a frequent inconvenience for me and my intimate partner. Since my treatment with MC several years ago, I have had only two occurrences of herpes symptoms and both times the symptoms subsided within several hours with no blisters and no continuing nerve pain.

What a relief to be free of this pain. Thank you!  

JW  
Bancroft, Ontario |

| Gluten Allergy | I have been eating gluten free breads for over five years. And before that it was only sprouted and Manna breads. So no croissant for me. But after my NAET allergy treatments with you, I had a DIVINE experience. I ATE A CROISSANT! It was wonderful, joyful, and most of all, I didn't feel sick after. Thank you MC!  

Nathalie Charette  
Quebec |

| Goat Cheese Allergy | I have always detested goat milk and goat cheese since being a very young child. Oddly, though, I have also always adored goats, themselves - they're wonderful wee beings! Recently, I went to lunch with a friend and due to a power failure, we could only select cold items. We shared a salad and a crepe, both of which had goat cheese in them. I had decided I would just push the cheese aside. The cheese, however, was not the least bit offensive, so I ate it. After lunch I remarked that the kitchen must have run out of goat cheese and substituted cow cheese. My friend asked the waiter, who informed us that it was indeed, goat cheese! I had never mentioned this dislike of goat cheese to MC because I simply thought it was a personal taste issue. I was so surprised to discover that indeed, I had had an allergy to goat milk products, but not anymore! Somehow during the eight NAET treatments I'd had before that lunch, my allergy to goat cheese had been released. I actually bought goat cream cheese last week - the first time, ever!  

CGL  
Toronto, Ontario |
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| Goodbye to Illness | "It is certainly a "Goodbye To Illness " technique. The results that I and my patients receive from Nambudripad's Allergy Elimination Treatments is incredible."

Carol Cooper, L.Ac., LCSW
Camarillo, California |
| Gulf War Syndrome | I graduated the University of Wisconsin Medical School Magna Cum Laude in 1974. I did a Residency in Pediatrics at the University of California and then Chief Resident for a year. I did a Fellowship in Pediatric Infectious Diseases and published work on Herpes Zoster and Antiviral medications. I was a consulting faculty member and attending in Infectious Disease. I was in private practice and Co Director of a Neonatal Intensive Care Unit in San Diego California. For the past ten years I have been full time in Emergency Medicine. I am Board Certified in Pediatrics. and Board Eligible in Infectious Disease and Emergency Medicine. For the past two years I have had a part time private practice that deals patients with unsolved chronic illness. This includes Chronic Fatigue Syndrome, Gulf War Syndrome, Cancer, severe atherosclerotic vascular disease and many more. Though routine medical workups for these patients have been done, usually many times before they are seen by me, many of these patients do see me because they have unsolved medical problems. I am sought out in my area because of some unique diagnostic and treatment modalities that are part of my practice. One of these treatment modalities is NAET®. I have been using this on patients since November of '98. Using NAET® we treat about 30 patients per day. Based on the outcomes in my practice I have found it is one of the most remarkable aids in healing that I have ever seen. We have forms in the office for patients to originate successes from our treatments and by far most of them come from the NAET® treatments they have had. Usually, once the sick person is feeling better they demand that the rest of their families receive the treatments as well because of how well it helps them to feel. I have hundreds of such reports if any are interested. This is not a con game or snake oil or witch craft. It is consistent reproducible medical science. In fact we are in the process of doing objective patient outcome studies on the results for publication purposes. These should be ready within several months. As a medical professional, who deals with extremely sick patients this NAET® is a godsend. Virtually all who receive it get benefit by their own attestation. In fact many come to the practice because we are known for it.

David Minkoff M.D. |
| Hair Allergy | Sitting in a stylist's chair to have my long hair cut, always ended up with me suffering for weeks with unexplained neck pain and headaches. In the mornings before I put my hair up on top of my head, it would touch my neck and shoulders and it felt like pieces of sharp straw poking into my skin. Before I went to bed at night I needed to fan my hair up over my pillow away from my face and neck in order to be able to get to sleep. One NAET treatment for my allergy to my own hair, has since totally eliminated my long time discomfort and now that I am able to work with it on my own without having my arms and neck hurt, I cannot wait to get to a hair dresser to have it styled.

Sandra C.
Renfrew County, Ontario |
| Heat Allergy | A long-standing problem in my life has been my inability to function in the heat. I thought this was genetic perhaps, as my Mom feels the same way about heat and humidity, but as MC discovered, I was severely allergic to the heat and the sun’s rays. |
### Testimonials

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<th>Name</th>
<th>Testimonial</th>
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<td>MM</td>
<td>Along with the culmination of my other allergies, my aversion to heat became its worst last summer, when I experienced a few extreme bouts of sunstroke in Ontario’s typically hot and humid weather. One of the worst days (no sun, just extreme humidity) caused me to have such extreme stomach-flu symptoms, I was certain it was the heat. Another time at a baseball game in Toronto, the sky dome roof was open, and I simply couldn’t stand sitting in the hot stadium with the sun beating down on me any longer. When I went to sit inside by myself, I realized that I had red hives all over my skin, and I was so hot I could hardly stand it. I sat inside for half an hour, doing my gates, and coaxing my body into cooling down and accepting the heat. At my next session with MC, treating me for the heat became a priority for my body, since I really couldn’t function at all (let alone receive treatments for other problems) when my body was having such a hard time coping with the environment. Since then, I haven’t actually felt overwhelmed with heat at any point, and there has been no return of sunstroke. For the first time this spring, I find myself looking forward to the heat of summer, as I’m already really enjoying the hot days we’ve had so far. I’m hoping that this will be the first of many summers where I enjoy the heat and humidity. I have a feeling I will be a lot more relaxed in the heat, and perhaps even enjoy sitting in the sun! I never thought I would feel positively about the heat, so endless thanks MC for turning that around! MM Toronto, Ontario</td>
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<tr>
<td>Heat Allergy 2</td>
<td>I spent last summer lying on my bed with a wet facecloth on my face and a standing fan above me… Impossible to take the heat. My body was limp, my mind limper...crushed! MC treated me for heat and humidity at her NAET practice earlier this winter. I thought I would have to wait until summer to see the effect. But in February, I was at a concert with my daughter and I sat far back on the balcony, close to the ceiling. It was stiflingly hot. We did feel the heat and sweat trickling down our faces and bodies. BUT I FELT OK. No real discomfort. No need to leave. It was simply hot but I enjoyed the concert thoroughly. The treatment had worked! NAET CAN TREAT HEAT AND HUMIDITY. And MC is a NAET MASTER. Thank you! Claude Gillard Toronto, Ontario</td>
</tr>
<tr>
<td>Heat Treatment for Burns</td>
<td>Hello everyone, as a Professor I am a someone who deals with ‘facts’ and is very much of the opinion that scientific verifiability is paramount when dealing with anything that smacks of a medical remedy. Recently I was cooking at a dinner party and distractedly I picked up a pan with my bare hand that had been placed in the oven at a very high temperature (400 C). I lifted the pan up and placed it down and only realized a few moments later what I had done. I received a nasty burn on my palm and fingers (luckily first degree)….but it did hurt and left a large mark on my hand and began to blister that evening.</td>
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The next day I showed up for an emergency NAET treatment holding a cold pack and not able to do much with that hand. After MC’s treatment, however, I was able to let go of my ice pack and begin to close my hand with much less pain and I even shook MC’s hand on my way out the door and drove the car home… my hand now does not even have a scar from that burn. As a scientist, I can say that apart from the ice pack, which I used for one evening...no other treatment was applied (not even a hand cream). Therefore I must conclude that it was NAET and MC’s heat treatment that did the trick!

Thank you!!!!!!!

Rafael Gomez
Toronto, Ontario

"Dr. Devi’s technique has helped give my world-class athletes the winning edge"

Mike Greenberg, D.C.
Brentwood, Calif.
1984, 1988, & 1992 Olympic Doctor

A 54 year-old woman presented to my office with complaint of constant severe neck and arm pain traveling towards the fingers for more than one year. MRI indicated severe degenerative disc of the neck at C5-C6 level. Three epidural steroid injections and over 6 months of physical therapy failed. Next course of action from her neurologist was removal of the disc with fusion of the C-spine.

Report from her neurologist:

“To Whom it may Concern:

Mrs. _____ is a patient of mine with left C6 radiculopathy and has objective weakness of C-6 innervated muscles. She had an MRI with severe degenerative changes at C5-C6 as well. I suspect she will require anterior cervical discerectomy and fusion as she has failed epidural steroids and all other manners of conservative treatment measures. She is currently unemployed and in my opinion cannot return to the workplace until this problem is more definitively treated. I would consider her temporarily totally disabled pending resolution of this specific problem.

I would appreciate it if you could review her circumstances so that she might qualify for medical assistance at least on a temporary basis so that she can go forward with treatment.

Thank you

Sincerely,
Signed,................... M.D.”

After examination, it was determined that the cause of the pain was an allergy to white rice which the patient ate on a daily
### Testimonials

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<th>Basis. She was treated for the allergen-white rice. 30 minutes later her pain was decreased from level 10 to level “1.” She was also able to lift a 10/lbs dumbbell with the left hand where before she was very cautious in moving her arm away from her body for fear of excruciating pain whenever her arm was moved. She cleared the white rice allergy completely after the third treatment and the remaining pain was eliminated after that. She is back to her regular activities.</th>
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| **Bob Valido Welt, D.C.**  
Waymouth, MA. |

| Hot summer days used to make me long for winter or, more practically and desperately, hide out with air conditioning. My body simply could not cool itself on humid days. After the NAET treatment for high humidity, I can actually enjoy the summer - that's saying a lot for someone with northern European blood. Now, hot summer days are still hot (even NAET can't fix that) but that's all they are: just hot. To be able to go out and enjoy those days is a cool thing. |
| **Tim**  
Toronto, Ontario |

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<th>From childhood, I had a great aversion to humidity. The humidity really bothered me. When it was hot and humid, it felt as though moving around was difficult due to feeling like I was drained of energy. When my husband would invite me to go for a bike ride, I'd offer to stay home and have iced tea ready. Even going for a walk would feel like it was a slow-motion effort. And I would easily get cranky with the heat and humidity!</th>
</tr>
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| **Gai Lawson**  
Bolton, Ontario |

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<th>I have been using NAET® in my practice for the past 5-6 years. At first, I was somewhat skeptical: after all, how could such a simple treatment have such dramatic results when other, more traditional and accepted treatments have been unsuccessful. However, it is impossible to deny the efficacy of something that has allowed a 34 year old, severely asthmatic man to play with cats for the first time in his life without a trace of previous problem. Or allow a 5-year-old boy who was allergic to everything before allow to eat like a normal child now rather than to break out in hives when most foods touched his lips. Even more dramatically, NAET® helped a 6-year-old ‘autistic’ girl who was unable to speak, play or join others - her own age,</th>
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When I was in my late 30s, I didn’t recognize that perimenopause symptoms were occurring, mostly because the only symptom I was faintly aware of was hot flashes, which I didn’t suffer. It was all so gradual when it started, yet the whole process, overall, was fast. My medical doctor didn’t recommend hormone replacement, nor advise me of available options. I don’t know that she recognized I was peri-menopausal. By the time I was 41 (I am now 52), menopause was completed, and with it, my libido crashed, my energy levels gradually dissipated, concentration was scattered and my genitalia became atrophied, resulting in painful sexual intimacy. To top it off, I wasn’t even remotely interested in anything sexual; it was as though I had “flat-lined” or had the non-feelings of being a neuter.

Fast-forward to 2010 and NAET. MC suggested hormone balancing. To be quite honest, although I agreed to it, the idea that wearing little vials for X-amount of time might change my hormones seemed like borderline lunacy. However, NAET had worked many wonders in other areas of my life, so I knew that at the least, it would be an interesting experiment. After about two weeks of wearing the hormone vials (I was very low in estrogen but balanced in levels of testosterone and progesterone), I noticed that life seemed to have more “sparkle” to it. It was like going from visually faded colors to vibrant colors again. I had more energy, more focus, and was also experiencing sexual dreams, as well as a stirring physical libido!

Over the course of the next six weeks or so, other changes I noticed were that my shriveled external genitalia were once more “plump” rather than dried-up and “prune-ish” and the inner workings seemed also to be functioning well. My libido was definitely on the up-swing! As a humorous aside, after I’d made a cranky comment to my husband, he innocently joked, “Sheesh! Have you got your period back again?” To me, that was a definite confirmation that my hormones were balanced!

Previous to the NAET hormone balancing treatments, I had made an appointment with a gynecologist who specializes in bio-identical hormone replacement, but I truly don’t feel like spending nearly $1000 to learn that my hormones are fine. I’d rather use the funds for more NAET treatments!

CC
Toronto, Ontario

My husband and I had just gotten married in October and I had this feeling I was pregnant. My body felt different. I waited for my period but it never came. It was five days late and I was still waiting, at this point, impatiently. I finally decided to do a
Five of our horses (out of twelve) came down with eye problems because of flies and conjunctival infestation by *Habronema muscae* (nematode) larvae. We tried treating holistically, but the treatment was taking too long. The following drugs proved helpful: oral liquid ivermectin and eye antibiotic/steroid ointment. Four of the horses cleared up, but one gelding did not resolve. He worsened, developing a nasty, weeping granuloma at, and distal to the medial canthus of the left eye, including the punctum, probably because of inflammation of the nasolacrimal duct. The nematodes literally ate their way out onto his cheek and were invading surrounding tissues. The lesion was 6 cm in diameter, raised, weeping and granulomatous in nature when it was brought to our attention by the handler. This was one of the worst 'Summer Sores' I've seen in a long time, and it developed quite rapidly. Summer sores are caused by *Habronema muscae* larvae which are supposedly deposited in an open wound by flies. The flies pick up the larvae on their feet while feeding at manure piles. When deposited into open wounds or onto intact conjunctival membranes, the larvae cease development, but seem to live forever, burrowing in the tissue. Cold weather stops larval activity so that lesions heal up in the winter, but they reappear as soon as warm weather returns.

I tested for allergy (Using Nambudripad’s Allergy Elimination Technique) and found that the gelding was allergic to the nematode larvae! We got a sample of manure (where the larvae hang out) and used that as an allergen. We cleared the allergy in the usual way. Fifteen minutes later we wormed the horse with liquid oral ivermectin and applied an ivermectin/nolvasan ointment mixture to the facial granulomas. The very next day brought improvement. The granuloma was diminished in size and was scabbing over. There is now a peripheral area of epithelialization and clear evidence of healing. Repeat NAET® testing shows the patient is no longer allergic to the Habronema larvae. We are using nutritional supplements in an attempt to reduce the size of scars.

Aside: One horse with a "normal" case of conjunctival Habronemiasis was treated by the university but was not responsive to the ivermectin therapy. NAET® Testing revealed that the adult gelding was allergic to ivermectin. Clearing the allergy to ivermectin allowed resolution of the conjunctival problem.

Of course, this is only a single case. However, next time you find a non-responsive case of summer sores (or other granulomatous lesion), check with NAET® to rule out allergy to a parasite or other pathogen. (We have also found dogs allergic to the bacteria causing their dermatitis, but that’s another story.)
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<th>Testimonials</th>
<th>Bert H. Brooks, DV</th>
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<tr>
<td>Infant Eczema</td>
<td>Dear MC,</td>
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<td>Thank you. I’m so grateful to find NAET and you.</td>
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<td>I just wish I had known of it earlier. Wesley suffered from severe painful and itchy eczema since 2 months old. It was devastating when his primary source of food ... MILK, was his #1 allergen.</td>
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<td>I didn’t agree with western medicine where the only approach was to extensively use steroid creams. When I found NAET, even though I had initial skepticism, I had faith this could be a better alternative. Today, I am so glad I gave it a try because after three months of treatments, Wesley is a very improved baby, happier and healthier. Now he is 17 months old and he is able to consume foods containing milk, eggs, and grains.</td>
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<td>Thank you so much for giving us a great relief by freeing Wesley from the stressful and painful eczema. My greatest joy is to watch him eat the simple healthy food we make without major restrictions.</td>
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<td>The Pham Family</td>
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<td>Toronto, Ontario</td>
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<td>Insomnia</td>
<td>”A 35 yr. old man came to my office with a life time of sinus trouble. Congestion, runny nose, cough, red, dry eyes and recurring colds. He was overweight, constipated and snored. He also suffered from insomnia - only sleeping 3-5 hours per night due to his allergies. After treating him for vitamin A allergy [ the first in the basic that he was allergic to] he experienced looser stools for two days with an increase in physical energy. After the two days he noticed that he was not having allergy symptoms at all and his bowel remain open and moving regular. He also had begun to sleep a full eight hours per night without waking. His wife commented that he no longer snores!”</td>
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<td>Debra K. Novotny L.A.c.</td>
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<td>Littleton/Lakewood Colorado</td>
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<tr>
<td>Lactose Intolerance</td>
<td>My patient Terry had been diagnosed as having “Lactose Intolerance” for many years. A touch of milk hidden in any food product gave him severe discomfort and intestinal pain instantly and lasted for days. So he took extreme precaution by reading all the labels of anything he bought at the store and very carefully avoided milk or milk product like a poison. After clearing him for milk, I had to treat him for lactose separately. After clearing milk and lactose satisfactorily, I encouraged him to try a little milk and see if he was gaining on the problem. He had that scary look on his face! He left my office and by dinner time he had mustered the courage to try. Moderation was not on the agenda. He ate 1/2 a pizza with no reaction so he ate a bowl of ice cream with no reaction. So he ate another bowl of ice cream. Next morning he woke up fine. He had no usual instant intestinal pain, he had no discomfort during the night. In fact he had a better night. Terry was convinced that NAET® works. On his way home he stopped at the store and bought a quart of milk and drank it on the way home. Since then he has referred in three patients and I have learned from his wife that NAET® is his favorite topic of discussion.</td>
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<td></td>
<td>Thank you for making that possible.</td>
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</tbody>
</table>
### Lithium Allergy

**Karl Amot.**

Karl E. Amot, D.C.  
233 Cajon St. #6  
Redlands CA 92323  
Tel. 909-798-4444  
Email: mword@tampabay.rr.com

The mere fact that I am writing this testimonial today seems to me like a miracle. I had been shaking from head to toe for several days, incapable of bringing a glass to my lips, of writing a word, of brushing my teeth. My doctor had sent me to emergency, thinking it was due to a toxic level of lithium in my blood. When the blood results did not show anything abnormal, he gave up on me and politely said he could not offer any treatment. I felt completely lost, wondering if I was dealing with an abrupt onset of Parkinson's Disease. This is when I turned to MC and her NAET expertise. MC had already helped me so much with all kinds of allergies. She not only immediately diagnosed a massive overdose of lithium – even with no traces in the blood! – but proceeded to desensitize me. By the evening – when she had kindly offered to treat me with a booster treatment – I was typing a few words on my keyboard. The treatment lasted a bit more than half an hour and my life was turned around just as I was beginning to wonder whether I would have to learn to live without hands. Not only is NAET a form of therapy I would recommend to anyone in any circumstance, but there are practitioners who seem to get the very best out of it for their patients and MC is certainly one of them. I pay homage to her expertise and her compassion. MERCI MC!

Claude Gillard  
Toronto, Ontario

### Marijuana Allergy

**Timothy Davies**  
Toronto, Ontario

I've considered myself a 'recreational' marijuana user for over 10 years. However, I needed more and more to continue to achieve the same effect. After one NAET treatment my consumption suddenly went down to less than a third. I still like it, but my relationship with it is not as intense. I really feel I could take it or leave it at this point.

### Metal Taste in the Mouth

**Trisha Gomez**  
Toronto, Ontario

I have had a metal taste in my mouth for many, many years. I tried changing my toothpaste, diet, using mouthwash and nothing worked. I mentioned this to MC and she said that I should do a NAET detox. Of course I agreed. I was open to anything that would rid me of this taste. We did three treatments and after each one, the taste started going away. By the final one, the taste was completely gone. I'm happy to say, it's been over six months and I still don't have the metal taste in my mouth.
### Migraine

Since the age of 11, I’ve had migraines. Almost always lasting between 3 – 5 days, Advil became a mandatory accessory, until that slowly stopped having an effect. Just when I would be rid of a migraine for a day, the next day another would arrive. Months would go by, and I would have a migraine for the majority of each month. It was exhausting.

In my mid-twenties, I saw a neurologist, had a CAT scan, all to no avail. I was simply “someone who gets migraines.” I even started taking various prescription migraine medications, which only sometimes worked.

When I started seeing MC, I knew that getting rid of my headaches was one of the top issues I wanted to resolve. Treating me for barometric pressure and precipitation seemed to do the trick! I’ve been noticeably migraine-free since that one simple treatment. I can’t begin to express what a great difference this has made on my day-to-day life. My family has noticed such a huge difference, even commenting that I don’t seem to get them anymore!

Migraines used to take such a toll on my well-being; I couldn’t be more thankful to MC and NAET for making this possible to overcome.

MM
Toronto, Ontario

### Milk Allergy in a dog

At 3 A.M. on September 21, 2002, I rushed Liebshen, my Dachshund, to an emergency veterinary hospital. She had delivered puppies only six days before, and her breathing had become so rapid and loud as she nursed, that I was terrified we would lose her. After a full examination, blood work-up and X-Rays, I was told that she had chronic bronchitis, but worse still, a serious uterine infection. They wanted to keep her, start IV’s and prepare for surgery, although I was warned that she “might not make it.” Her uterus was very large, and the breathing problem made the anesthesia situation difficult. Even if she survived the surgery, they doubted that she would be able to care for or nurse the puppies.

Although the doctor warned me that Liebshen might die, I could not leave her (and the four puppies) there. I felt that the psychological trauma would be too much for her to bear. So she was started on oral antibiotics and bronchial medications and we went home. The morning was stressful. Although her breathing improved slightly, she was strangely restless, and avoided nursing the puppies.

In the meantime, Dr. Devi Nambudripad had begun the first day of an NAET® Self-Help Program at SKY Farm, which I was scheduled to attend. As I heard later, Dr. Devi was talking to the group about her experiences in treating both people and animals with NAET®. Candace Smith, who was a student in the course, explained to Dr. Nambudripad that I had not come because of Liebshen’s illness. Dr. Devi asked for details of the Dachshund’s condition, and then agreed to visit her at the lunch break. All the attendees of the program which included doctors, psychologists, counselors, body workers and Yoga teachers, were very interested to see if NAET® could help the dog.

While still at the seminar, Candace phoned me and put Dr. Devi on the line. She told me that she would come to see us during lunch break, and asked if there was anything new, any new liquid in Libshen’s diet. Startled by the question, I had to think for a moment, then realized the answer was milk. She instructed that I not give the dog any more milk or milk products, and to
Sam R. was a 13-year-old who was doing very poorly in school in spite of the massive doses of Ritalin he received and his parents tutoring him four hours every day. Due to the medication he walked like a zombie with no expression on his face or personality. He was underweight for his age. We found him to be severely allergic to milk and cheese, and was consuming put some of the same milk she had been drinking into a small glass jar. She also told me to collect some of the infected discharge from Liebshen’s vagina, and put that in a jar too before her arrival at noon.

Two hours later, Dr. Devi arrived. We talked for a few minutes and then the NAET® treatment began. Dr. Devi sat in a chair while I sat on the floor with my back in front of her legs and Liebshen on my lap. I held the milk jar next to the dog’s body, while Dr. Devi did the testing and NAET® on my back. As the surrogate, I did the specific breathing technique that she instructed me to do.

After the NAET® process, Dr. Devi said that the milk allergy not only caused the respiratory crisis, but that it weakened the uterus. The childbirth had weakened it further and that was why the infection had developed.

When some time had passed, Dr. Devi did NAET® with the discharge and then treated Liebshen for the emotions. She said afterward that Liebshen was grieving over the loss of the two puppies (one was stillborn, the other passed away at four days of age); she had no energy left to feed the litter, she was afraid she was going to die, and was distraught about what would happen to the babies when she was gone. But Dr. Devi assured me that now Liebshen knew she would be O.K.

Before leaving, Dr. Devi taught me the follow-up treatment to give Liebshen several times throughout the rest of the day and evening. She said that although my dog was very sick, she believed that Liebshen would recover. She felt that an operation would not be necessary; that Liebshen would pass the material naturally. And she thought that her lungs would be O.K.

Within minutes of Dr. Devi’s leaving, Liebshen went into the whelping box and began feeding the puppies. Her breathing that night was far better, and her overall condition seemed much improved.

The next morning, my regular veterinary clinic was open. The vet had been faxed all the information from the emergency hospital. Liebshen had a full examination, including ultrasound. To my utter amazement, the doctor said that Liebshen did not have bronchitis, just some mild respiratory congestion. He also said that her uterus was shrinking nicely, postpartum. He prescribed one week of antibiotics, and gave me bronchial medications “just in case.” He said to phone him in one week, but that he would not have to see her again unless she had some difficulty. I went home in a daze.

Liebshen completed the antibiotics without a problem. I never had to give her any bronchial medication. She is doing great. The puppies are doing great.

Miracle is not a word to be used lightly. But it is the only word that is appropriate for Liebshen’s story. Thank you Dr. Devi. May God bless you and your work.

Barbara Levitt, Philadelphia

26

Milk and Cheese Allergy

Testimonials
I have been very impressed by NAET. I have suffered with environmental allergies since early childhood and skin allergies starting at 12 years old. Before learning of NAET I had suffered two miscarriages. I visited a nutritionist who identified an intolerance to sugar. The nutritionist explained that my body was not processing glucose correctly for energy and was taking hormone pathways to get to my energy reserves in my liver and this was severely imbalancing my hormones. This for me could possibly explain my very low progesterone levels during my first two pregnancies (in spite of being prescribed progesterone supplementation by my Doctor). Not long after, I learned of NAET. I visited an NAET practitioner and sure enough, two of my allergies were sugar and hormones (also Vitamin A, which a deficiency in, can lead to infertility). I was treated for sugar first and then Vitamin A. Interestingly enough, when sugar cleared, so did my hormone allergy. Within two months I was pregnant again and my progesterone levels had doubled. During the course of my pregnancy I became severely intolerant to wheat and milk. These two had been identified as allergies from my first NAET visit but I could eat them without much reaction. Now, they both gave me severe intestinal pain and bloating immediately after eating. I had recently moved and found a wonderful practitioner near my home. I was treated for these two allergies and have had no problems eating them ever since my first treatment. I am currently treating my other allergies and hope to be finished before the end of my pregnancy, so that it can also benefit my unborn child. I have been feeling great and have noticed more mental clarity and energy than I have ever had in the past!

Sincerely,

Diane L.
NAET® Practitioner Kathryn Ferrante, N.D., L.Ch., C.N.H.P.
Orlando, FL

A patient came to the clinic for her next treatment but asked if I could discover why she had begun having missing beats in her heart. This had happened for the last three weeks. I pulled out the radiation kit and found she was not allergic to her heart and not allergic to electro-magnetic radiation but the combination produced an allergic reaction. I muscle tested to find out why this had happened.

There had been a power surge on the power lines about 1 1/2 KM from her home three weeks earlier. When I asked about any related emotions, beliefs, events related to the combination, I found there was an event. She was 18 (now she is in her
50's) and driving with two girlfriends in the summer. When I asked her if something had happened then, she replied "not New Year's Eve of 6 months before?" It turned out that she and two friends were driving to a party on a stormy New Year's nite, when a live overhead electrical wire broke and the two ends hit her car. Bright light encircled her car. They never made it to the party because they drove back to warn others of the live wires. That was the beginning of the sensitivity.

The sensitivity became a full blown allergy when 6 months later, in the summer, she was driving with two girlfriends and she hit a rabbit and killed it. All she heard as she hit the rabbit was.... "LOOK OUT FOR THE RABBIT!" and then after, "YOU KILLED THE BUNNY!". Her combination of electro-magnetic radiation + heart, began as an allergy that day and affected her emotional heart, kidney and bladder. I treated for the event, the two beliefs and the combination. Her missing beats have ceased.

MC

NAET Advanced 2 Practitioner

Most Incredible Practice Tool

"Dr.Devi's Allergy Elimination Technique is the most incredible practice tool I have seen in health care in my 40 years of practice."

John H Kasler, D.C.
Charlotte, N.C.

Motion Allergy

Motion Sickness

Dear Dr. Nambudripad,

I am so thrilled to report to you about one of my patients, Mary Ruth Piper McGee. This is regarding to the treatment I gave her for her inability to tolerate any sort of motion whatever from riding in a car to running a vacuum cleaner. I used a small hand-held vibrator as her allergen while giving her NAET® treatment. When the 20 minute treatment time was up, she returned the vibrator to my receptionist and went into a fainting spell. After performing the usual emergency measures, she revived completely and finally was able to go home. However she had to walk the 3 kilometers to her home because she could not travel by car. When she arrived home she cancelled her work commitment for the week and went to bed. After 2-3 days of intense nausea even aggravated by the moving curtains from breeze, she recovered and reported to me the following week that she had traveled in the back seat of a subcompact car for a journey of approximately 200 kilometers. She states that this clearing has given her a new lease on life and that over the past two years there has never been any return of her previous symptoms. We watched her closely for the past two years now.

You may use this letter in any way you wish to help others.

Dr. B.A. Hayhoe, D.C., N.D.
123 Hazen Street
Saint John, NB,
CANADA (506) 6652-1778

Multiple Chemical Sensitivities

A 27 year old female presented with severe symptoms of Multiple Chemical Sensitivities causing symptoms of dizziness, brain fog, disorientation, muscle spasms, overall weakness, eyes swelling shut, throat closing up, and blackouts. She often fainted
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<th>Testimonials</th>
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| **Multiple Chemical Sensitivities** 1 | When exposed to chemical smells and was in danger of concussion from hitting her head during these sudden episodes of loss of consciousness. Smells that triggered this did not even have to be especially noxious. She had fainted at the local health food store simply from turning down the aisle where supplements and shampoos were stored. She had been experiencing these symptoms for approximately one year. She stated that: “Since the onset of MCS I have become more and more sensitized to an increasing number of chemicals. I have become virtually housebound and have great difficulty leaving without an exacerbation of symptoms.” She was unable to pursue her profession because of it. This patient treated all the basics and many other food allergies. In addition, she treated parasites, chemicals, viruses, pesticides, hormones, perfumes, mercury, plastics, formaldehyde, mold, leaf mold, and the smell of mold. She had to treat for many smells: perfumes, air freshener, bleach, fabric softener, ammonia, household cleaning products. She also treated propane, car exhaust, carpets, paint, and gasoline. We also worked on body parts: lung, adrenals, liver, gall bladder, bile, and muscles. Sometimes she didn’t pass her treatments on the first try but would usually pass the next time. This patient made considerable progress. Her fainting stopped and she was able to go out in the world again. She was able to take several long trips on airplanes. At the point she moved out of state, she was much stronger and able to function much more normally again. I know she could not have made these improvements without NAET®. 

Sue Anderson, D.C.
Ann Arbor, MI. Tel. (734)-662-9140 |

| Multiple Chemical Sensitivities | My allergies were many, including food and environmental items. My face was affected: first by stinging, burning, red blotches which lasted a day or more, then itching to the point that I scratched my eyebrows off; then peeling. Around my eyes and forehead I would peel almost once a week, so I wondered if any skin would be left after layer upon layer peeled off.

I heard about NAET from a cousin in another province, and after checking on the Internet, found there was a practitioner, MC, in our area. Having tried many other doctors and getting no relief to some help, and now having to wear a mask even around my own home, even though I had eliminated anything scented, and also having to avoid many types of foods, I decided to try NAET.

I could tell after five treatments that NAET was helping. Actually after the calcium treatment I could have dairy, which I have avoided for over 40 years. I love cheese and being able to eat it alone or in recipes is such a bonus.

Now after having 13 treatments I can eat mostly everything and hardly ever use a facemask. My face still itches a bit, but has improved dramatically. The costly aloe vera cream used to stop the itching would only last for three weeks. The last tube lasted seven weeks and I am hoping the time will come when I don’t have to use it at all. 

Verna Bancroft, Ontario |

<p>| Multiple Chemical Sensitivities 2 | I developed severe chemical sensitivities after being exposed in a chemical accident where I worked several years ago. I’d seen 3 environmental specialists, countless MD's, and tried thousands of dollars’ worth of alternative medicine treatments without |</p>
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<th>Testimonials</th>
<th>Nail Biting and Parasites</th>
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<tr>
<td><strong>Nail Biting and Parasites</strong></td>
<td>A young woman patient could not keep from biting her fingernails. The skin from her knuckles of her fingers was gnarled from years of biting her skin. She had this problem for many years—even as a child. I checked her and found an allergy to parasites. When I told her that she confided to me that unconsciously she knew that there was something in her body that she did not like to be there. But it was a vague feeling and something she could not quite put her finger on. She was concerned about the condition of her fingers, knuckles and nails. She also had an emotional component of frustration. This was to do with going away to University and being away from her good friends. She also felt this when she was seven years old and when she fractured her arm. She loved to do ballet at that age and when she broke her arm she could not do Ballet and so also was not able to see her Ballet friends. I treated the allergy to the parasite and also the associated emotions. There was not any dramatic change in her behavior during the next visit. I tested and still found her allergic to parasites—so retreated. She also showed a new emotion of anger, anxious, and being vulnerable. She knew what this present emotion was about but did not want to tell me exactly what it was. I treated her for her frustration, anger, anxiety and vulnerability. She then showed another emotion of similar nature at age two. She was released after clearing all these issues. A couple of weeks after her treatment, one of her aunts called my office and made an appointment. She said that she couldn’t believe the changes this young lady made in her social life and health after NAET® treatments. She reported that her nails are growing strong and healthy, above all she doesn’t bite her nails anymore. She has not had any fingernails for many years due to the severe nail and skin biting.</td>
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<th><strong>Testimonials</strong></th>
<th><strong>Onion and Garlic Allergy</strong></th>
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<td><strong>Onion and Garlic Allergy</strong></td>
<td>I started having exploding intestines many years ago. It took me a long time to figure out I had to eliminate onions and garlic from my diet in order to find digestive peace. That avoidance worked. But I missed these foods. I really missed them. MC said, &quot;Oh, you’re just allergic to them.&quot; I thought I had nothing to lose and got treated. Now I safely consume onions and garlic in wild quantities. Last weekend I ordered a bowl of chili at a restaurant. It came with chopped raw white onions on top. Mmmmmmmm. And not a toot after. My friends thank you! MC has my permission to give you my contact info.</td>
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<tr>
<td><strong>Onion and Garlic Allergy</strong></td>
<td>Thanks!</td>
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**NAET® Practitioner:** Terry Power, D.C., L.Ac.
Port Maquarrie, Australia
*tvpower@fasternet.com.au*
I have spent my whole life with stomach cramps and vomiting. I vomited an average of twice a week due to an allergy to onion and garlic. These substances are very hard to avoid beyond the confines of my home because if a person touched an onion in a kitchen, and then touched my food, I would be sick. I refused to let it interrupt my life, so my husband and I still travelled and went to friend’s houses and I would vomit and life would carry on. When first tested for onion and garlic, I had to stay 85 feet away from it. My neighbours are within 87 feet of our house, and driving along a street I would be within 87 feet of stores and restaurants. I did my gates A LOT!!

MC, my NAET practitioner, got me through the basic 15 and then emotions related to a past relationship surfaced. She asked me if my allergy to onions and garlic got worse at any point. I said no, but when she asked me if it had become worse when I was around 24 years old, I remembered that I became more sensitive at that point. I confirmed this fact with some old friends. We cleared a series of emotions related to that time of my life and then cleared garlic in spice mix 1 and then onion in spice mix 2, and then the combination, and then the combination with stomach acid. A vacation to San Marten occurred 3 days after I had cleared all onion and garlic. We ate our way around the island. Apparently the rest of you knew how delicious ribs and Caesar Salads were, I had no idea. It was so nice to walk in to a restaurant and order ANYTHING off the menu and share an appetizer with my husband.

Nan Brooks
Toronto, Ontario

A 60 year old female NAET® and chiropractic patient of mine (Lynne) had come to see for sharp pains radiating into her left shoulder and arm. The pain had been gradually worsening over a period of weeks and now was reaching almost unbearable levels at times. Conventional chiropractic care and physical therapy gave her only brief remission from the daily pain and severe restrictions in her shoulder’s range of motion. A visit to an orthopedic doctor informed her that the pain was caused by two degenerated discs in Lynne’s neck and that a surgical replacement of the two discs was the only option. Full recovery could take up to a year. An appointment for the surgery was made. During the course of an advanced NAET® seminar I learned from Dr. Devi that an allergy to urine can bring on arthritic symptoms. Lynne was one of my first patients on the Monday after the seminar and my first words to her were, “Let’s check your urine!”

Lynne’s shoulder pain disappeared half way through the first NAET® session where a sample of her urine was used as the allergen.

After a few days of no symptoms Lynne started to experience the gradual resumption of her neck and shoulder symptoms, but at a much less intense level. The following allergens were then cleared on Lynne over the next 4 weeks:

Urine CSF Blood
Blood/CSF combo Blood/urine combo CSF/urine combo
Disc mix Bone mix Bone/blood combo
Bone/CSF combo
During the course of these treatments the symptoms diminished to zero and stayed there. Three months later Lynne experienced a brief flare up of symptoms which quickly responded to combinations of Urine, Hypothalamus, Blood and CSF. That was 8 months ago and Lynne’s symptoms have not returned.

NAET® is a very powerful tool and I am grateful every day that I learned it from Dr. Devi and am able to pass it along to all my patients.

Dr. Roger Barnes, D.C.,
West Los Angeles, CA. (310) 441-9682

| Peanut Anaphylaxis | I just had my first anaphylactic treatment, and it was successful. The patient was allergic to peanuts and has experienced many anaphylactic reactions, so she had her emergency kit with tablets and injections, so I just tried because I thought in case anything goes wrong, she knows what to do.

Step 1: I did all basic allergies
Step 2: Nut Mix 1
Step 3: Nut Mix 2
Step 4: The Real Peanut

First I just put it on the table next to the bed, then on the bed at the feet, then close to the hand, then in the glass and in the hand, and then a quantity of 20 peanuts. My patient did not test positive on peanuts in any of the tests. So I went one step further: I let her put the peanut between her lip and teeth, and then in the mouth. Again, no positive test, neither any allergic reaction, no anaphylaxis at all. So I think it was already successfully eliminated after nut mix 1. I couldn’t believe it. Anyway, I treated her again with the peanuts in her hand and in her mouth, one hand on her forehead, and asked her to think of all the unpleasant anaphylactic memories, and that was it. The next day she had a Snickers and enjoyed it!

Alexander Springenschmidt, Manual Therapist
Canggu, Bali |

| Perfume Allergy | Wendy W., a 44 year old assistant superintendent of education and doctoral student, could not tolerate the scent of perfume, cologne or even certain flowers without getting migraine headaches. As this was a common exposure at work related meetings and classes, she was often forced to leave work or class due to the severity of her pain. After two treatments for perfume mix, Wendy states that while she still "feels" the perfume, she has had no migraines, and has not missed work or class since, due to migraine.

An interesting side note to Wendy's story involves an earlier treatment we did for chocolate. Neither she nor I thought anything about the results of that treatment until one of her coworkers complained that Wendy never had any chocolate in her desk any more. It seemed that this person could at any time find a large supply of chocolate in Wendy's drawer, and help herself. After her treatment, Wendy's craving for chocolate gradually subsided, her stash dwindled and eventually ran out |
### Testimonials

<table>
<thead>
<tr>
<th>Pollen Allergy</th>
<th>I began NAET treatments to deal with a number of food and substance allergies and spring pollen allergies that would make May and June miserable for me with runny nose and eyes, congestion, headaches and sometimes bronchitis.</th>
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<td>My third NAET treatment was for calcium, which includes dairy products. I had avoided dairy products for 20 years, using Soya milk and cheese because I developed serious mucus production in my respiratory tract when I ate dairy products. Since that treatment I eat cheese, yoghurt, ice cream and milk with no allergic symptoms. None. This was a very dramatic change for me.</td>
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<td>When I was treated for Vitamin C my NAET practitioner said I was reacting to Vitamin C on an emotional level. I didn't understand. Why would I react to Vitamin C that way? As we chatted at the end of the session MC happened to mention Germany. Suddenly I began to shake. My body felt electric. In my mind's eye I saw myself in a previous life as a small boy in a prison camp during WW1. I suffered from scurvy because of the lack of proper nourishment. That vision answered my question. It astonished me to learn this cellular memory was still operating in my body, presently blocking Vitamin C absorption. How fortunate I feel to be able to finally release my being from this condition.</td>
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### Person-to-Person Allergy

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<th>Person-to-Person Allergy</th>
<th>When my husband and I met, and for the first few years of married life, we always laughed and delighted in each other's company. In recent times (we've been married 17 years) I noticed my husband was often stressed and or cranky around me for no apparent reason. During a NAET treatment I casually mentioned that I thought my husband was allergic to me. MC tested me and found that, yes, this was true! Fortunately, my husband was out of town, so it was a perfect time for a treatment for &quot;him&quot;. Two days later, I picked my husband up at the airport and was curious to see if there would be a difference. Amazing! It was so different! It felt so much like the &quot;old&quot; days! The negative stresses and emotional baggage have disappeared, leaving us in a much lighter, cheerful space. On an occasion when I could see my husband begin to get edgy, I was fascinated to see him start to make a cranky comment, then suddenly start to laugh! What a delight! I'm very grateful to MC and NAET for the return of this new-old relationship.</th>
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<td>Toronto, Ontario</td>
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Wendy's friend Debbie, also a school superintendent and attorney had been my patient for the last few months. She began to complain of numbness in the index finger and thumb of her right hand. Myofacial release and other treatments wasn't helping. About that time I learned NAET®. I tested using my new learned skill NAET®-MRT. This new test revealed that Debbie’s numbness was NOT a physical problem (such as carpal tunnel syndrome), but rather a chemical/nutritional allergy. Further MRT testing showed that the allergy was to lemon Ricola cough drops she had taken 6 weeks prior. Treating twice for the cough drops (15 minutes apart) ended the numbness.

NAET® is awesome! Thank you for sharing it with us! We have a 100% NAET® practice now.

J. and M. Chianese  
(330) 743-0304

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When I was treated for Vitamin C my NAET practitioner said I was reacting to Vitamin C on an emotional level. I didn't understand. Why would I react to Vitamin C that way? As we chatted at the end of the session MC happened to mention Germany. Suddenly I began to shake. My body felt electric. In my mind’s eye I saw myself in a previous life as a small boy in a prison camp during WW1. I suffered from scurvy because of the lack of proper nourishment. That vision answered my question. It astonished me to learn this cellular memory was still operating in my body, presently blocking Vitamin C absorption. How fortunate I feel to be able to finally release my being from this condition.
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| **Severe Acne**
I suffered from severe acne on my chin for a long time. In Last summer, when I met you at the symposium in New York, we discussed about my acne. It’s all gone. I think the detoxing is what did it! I detoxed Glucose several times. The first time I was extremely fatigued for 25 hours, then a few days after my right arm became VERY sore. I thought I was going to have to stop my NAET practice for a while as that is the arm I do MRT with. I thought I would have to go have a cortisone shot! I kept thinking in my head “I preach NAET to everyone and tell them how wonderful it is, and here I am, suffering with a sore arm”. I checked through QRT and found that I had to do a second Glucose Detox. After the 25 hour period my arm was COMPLETELY pain free! I couldn’t believe it, but was very glad to have experienced the discomfort to see how powerful a detoxification can be! I had to do a further Glucose detox after that and I cannot believe how my acne on my chin has cleared up!

My husband lost his mother about a month ago and a few days after she left to go to a hospital for lung surgery, he developed...

| **Public Speaking Allergy**
I have recently gone back to school after being out for over four years. Everything was going great until I had to do presentations. I was terrified of public speaking and knew that I would do poorly. This presentation was worth 35% of my final grade. During one of my NAET allergy treatments with MC, I mentioned that I was very nervous about doing this presentation for school and I explained my fear of public speaking. I told her that I would always just freeze, forget what I was about to say and mumble or speed read my cue cards the whole way through. To my surprise she said she could help me. She treated me for my basic "beliefs" about Public Speaking .... "I won't be engaging enough"; "I'm afraid I will forget what I have to talk about" and "Public Speaking is not fun". Then we came up with a reward that I could give myself when I did well.

The following week I did my presentation and made eye contact with everyone without feeling nauseous or nervous and was able to remember everything I had to say without drawing a blank at any point. I received 93%, and it was the second highest grade in the class. Needless to say my GPA is still 4 out of 4, and I got new shoes (my reward)!

Below are my shoes that I bought to reward myself for a job well done.

Thank you MC!

Elena
Richmond Hill, Ontario

| **MC** treated me for nine different spring pollens including lilac. I am fond of lilac flowers but the perfume would give me migraine headaches. After these sessions my spring allergies ceased and I can bring lilacs into my home with no ill effects. Since beginning NAET treatments my urinary incontinence has almost ceased. My cravings for sugar, chocolate and starches have eased. I now desire a broader and healthier diet. MC has used NAET techniques to help me release long-term emotional issues that were related to my spring allergies.

MC brings a wealth of healing techniques to her NAET practice including Shiatsu, Chinese medicine, NLP. She is also a strongly intuitive and spiritual person. She brings a wonderful blend of talents to her NAET clients.

JW
Bancroft, Ontario

Richmond Hill, Ontario
Severe Acute Arthritis was Caused From Carbon Monoxide Poisoning

I witnessed a miracle in my office today. A 74 year old lady came in for her first visit complaining of “severe acute osteo-arthritis”. She was having severe joint pain in her shoulders, arms, hands, and neck of 6 weeks duration. She was unable to move her arms at all without great pain and difficulty. She could not even reach out to shake my hand when I met her. She has been unable to dress herself or comb her hair recently so her children have been assisting her. If she tried to gesture while speaking or move her arms in any way she would grimace and sometimes even cry out in pain.

This all started 6 weeks ago about the same time it was discovered that she had a leaky furnace at home and had been the victim of carbon monoxide poisoning. The furnace was fixed so there has been no more exposure to carbon monoxide but this severe pain and inability to move had been with her continuously since that time.

Last week she was supposed to come in to see me for her initial visit but her pain was so severe that her son cancelled the appointment and made her go to the emergency room (against her wishes). Emergency room doctors diagnosed her with a severe acute episode of osteo-arthritis and told her to take pain medication. She tried to tell them that she had never had arthritis before and that she felt there was a connection to the CO poisoning but they dismissed this and told her it was unrelated. This made her furious because she did not have any sign of arthritis until this incident and doctors refused to believe her. They tried to convince her that she must be diabetic. She’s not. They also couldn’t believe that when asked to list what medications she’s on she said, “None.” Someone her age on NO medication? They couldn’t believe her! But she’s a very healthy lady and has always taken care of herself and never gone to doctors. She has never had joint pain or arthritis in her life — until this incident. So she left there disgusted.

Her daughter, who is our patient, brought her in today. I told her I believed that the CO poisoning probably was related to her pain but we would have to test to find out for sure. There was no way this woman could muscle test in the shape she was in. I used her daughter as a surrogate. The patient could barely reach out to touch her daughter’s hand she was in so much pain.

Thanks for teaching us how to detox people.
Cheryl Cameron, NAET Practitioner
Choosing Health... Helping Your Body Heal Itself
40 Friar Tuck Avenue
North Tetagouche, NB E2A 4Y7
Phone: 506-548-8142 / Fax: 506-546-2272
choosing_health@hotmail.com
Testing revealed that she wasn’t really a very allergic person. She was OK on the first few basics. This verified what she had told me about always being healthy up until this incident.

She was very weak with the CO capsule, and NMST focused this allergy was the source of her pain. The NMST also focused that I could treat her for CO today as an acute condition. I treated her through her daughter. Every meridian was blocked in the presence of CO. I balanced each one of them individually with CO.

When she stood up immediately after the treatment she said she felt very different. As she walked to the next room she remarked that her arms were feeling better and she could take a deep breath for the first time in a long time. After gate points and resting, she stated that her arms had loosened up and she could move them again without pain. She started showing me that she could indeed move her arms and hands. She was astonished.

By the time she walked out to the reception area she was waving her arms around and gesturing wildly, laughing, smiling, and without pain. I have seen a lot of great results with NAET® treatments before, but even I was shocked at the difference. Needless to say, she and her daughter left my office very happy.

Dr. Devi, thank you for giving me the tools to help this woman today. NAET® is truly amazing.

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**Severe Diabetes**

We just had a fantastic change in a patient using NAET® and wanted to let you know. She is a 50 year old woman who is an RN and runs a medical office near us. She had had severe Diabetes for two years and has been on two oral hypoglycemics and very strict low carbohydrate diet. She got her basic ten and then we determined the combination treatment with sugar. After completing the combination treatment with sugar, insulin, pancreas, and stomach acid she woke up the next morning with a blood sugar of 80. She has not had any diabetic medicine for over two weeks and her sugars have remained normal! She has even started eating bread and potatoes and the sugar level remains within normal range. Just thought you would like to know this wonderful news!

David Minkoff M.D.

Clearwater, FL

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**Sodium Silico-aluminate Allergy**

I am writing to let you know once again how NAET saved the day. My family had gone out to eat at a fast food hamburger restaurant. I was sharing some fries with a family member when she started to feel sick and her throat was becoming itching and swell. She thought she would be O.K. and we went home. By the time we got to the house her throat was swelling shut. I took her to my office were I started to do testing. The NAET testing showed that she was having a reaction and was allergic to the oil and the salt from the French fries. So I treated for both oil and salt with the samples I have. She received no improvement. After much testing and treatment I decided to go back to the restaurant and buy the exact same meal as before. I tested her with the hamburger, fries, ketchup, and superheated vegetable oil. She received treatment on the oil, and the salt sample, which she tested positive. While she passed the items she still had the throat swollen shut and had no relief. She still was coming up with salt as the culprit in causing the throat swelling. By this time it was late and she was tired of
**Testimonials**

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<td>getting treated. We decided to go back to my house for her to rest. On the way home I picked up a salt packet from the same restaurant. I remembered I had salted the fries, which she never does, with one of those little salt packets before we ate them. Later that evening I treated her with the salt packet from the restaurant. From the testing it indicated that her voice should return in 30 minutes. I did not want her hopes up. I told her to relax and watch TV. When 30 minutes passed I turned to her and asked her what she was watching and she answered me with her voice clear as a bell. Then she said, “I can talk!” The culprit was the unique salt all the fast food restaurants are using Sodium Silico-aluminate. I had been treating with sodium chloride and salt mix. It wasn’t until I found the correct allergen that the miraculous result occurred.</td>
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<tr>
<td>NAET® Practitioner Dr. Adam Vigil, D.C. 4455 Riverside Drive, Chino, CA 91710 Tel. (909) 628-0090</td>
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**Stroke Effects**

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<td>I have had the pleasure of helping a man who had a stroke four years ago. He has also seeking care from a D.O. Neurologist (who also does NAET®), John-Hopkins, a Naturopath, a homeopath and a PT. The D.O. in Tacoma, Washington is the lead on this case. When the patient initially entered my office his face was plastic like. He showed no emotion. He could not speak in sentences. He had heavy braces on his left leg. His left arm was also severely damaged by the stroke. We cleared the basics. He had a difficult time clearing copper. When John-Hopkins changed his copper supplement his blood pressure went up. After treating for the new copper supplement his blood pressure returned to normal. We use normal NAET® protocol with two exceptions. After treatment through the surrogate, the patient receives cortical stimulation. The patient holds the vials for as long as his body tells us (sometimes 30 minutes). The next NAET® visit is scheduled when his body tells us (sometimes 3 weeks between visits) instead of after 25 hours. The patient is an attorney. He has recovered enough that the Oregon Bar is allowing him to do some pro bono work for the aged. He now has expression on his face and he can talk normal. He has also exhibited emotions. His wife attributes much of his successes to date to his NAET® treatments.</td>
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<tr>
<td>NAET® SP: DR. ANTHONY DESIENA, D.C. EUGENE, OREGON 97401 (541) 686-BACK (2225)</td>
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**Sugar Allergy**

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<td>I've had a sugar addiction for as long as I can remember. I couldn't go a day without something sugary to satisfy me. I loved everything from ice cream to gummy candies to chocolate. When I started NAET treatments with MC, she told me that cravings were really allergies in disguise. During my NAET treatments with MC, I realized that I was highly allergic to sugar. Not long after beginning treatments, my cravings were gone. After years of needing sugary products, I can now get through my day without them, thanks to NAET.</td>
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<td>Testimonials</td>
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| Trisha  
Toronto, Ontario |  
| **Surgical Steel and Anaphylaxis** |  
| Two years ago, while sitting in my home, I had a severe allergic reaction. It required 3 visits to the emergency room over four days, prednisone, an Epi pen and really good antihistamines to get it under control over five days. The physicians suggested the next exposure to whatever the substance was would be anaphylactic shock. We analyzed all food that I had ingested over the previous 24 hours, and there was nothing unusual. Two months later I went in for a series of western allergy testing. Over a couple of weeks it lasted a total of about 22 hours testing. Nothing was found. On doctor's orders, I obtained a medic alert bracelet and have felt uneasy for the past two years. I carried an Epi pen.

I began NAET treatments with my NAET practitioner, MC and finished the basic 15 and all their combinations including the related emotions. After that I asked if we could try to determine what my severe allergy was. My NAET practitioner agreed. We used muscle-testing beginning with the question... "Is the substance in Kit 1, Kit 2", etc. The substance was in Kit 19. My NAET practitioner muscle tested the substances in Kit 19. She looked puzzled. I asked her what the issue was and she said "I don't know how you would come in contact with this substance". The substance was surgical steel. My husband does bonsai and I had purchased a surgical steel scalpel for his hobby. It was that day that I went to the emergency ward of the hospital. MC determined that my allergy was emotional. My only other contact with surgical steel was in a surgery after I had a miscarriage. My practitioner held the vial and muscle tested if this was the substance I was anaphylactic to. It was confirmed by muscle testing, and followed soon thereafter with extreme itching. Acupuncture and later Benadryl controlled the reaction.

During the next month we cleared the emotions with the relationship I was in at the time of the miscarriage. We then re-tested surgical steel and found there was no more allergy. I no longer had anaphylactic reactions to this vial. I had been wearing a medic alert bracelet and took it off. I no longer needed it. I stopped carrying an Epi pen. What I didn't tell my practitioner till a later date was that after the testing, I had a biopsy and I had no reaction at all. My practitioner was aghast! Of course they use surgical steel for the biopsy. MC had never told me to stop wearing the bracelet... I knew the anaphylaxis was over because the emotions had been balanced.

Nan Brooks  
Toronto, Ontario |  
| **Tears & Puffy Eyes** |  
| For the past year, whenever I would cry or tear-up about something, the skin surrounding my eyes would become so puffy and swollen, I would have trouble seeing clearly. At its worst, I looked as though I’d been punched in both eyes, minus the bruising. It was quite embarrassing, especially since the puffy eyes would linger for at least 24 hours. Eating foods that I was allergic to would cause the same effect.

My western doctor first diagnosed this as a sinus infection, since the first time it occurred I had a head cold. However, it happened again when I was cold-free, and then it started happening more frequently, so I knew this was not anything cold or sinus related.

Months later, I started seeing MC, and she discovered through NAET that this reaction actually stemmed from my first true |
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| heartbreak 6+ years ago. The emotional impact of the breakup was so devastating, that I cried inconsolably for days on end. Since that event, I’ve actually been allergic to my own tears! The allergy only gained strength as the years went on, even though I didn’t display any symptoms.

A year ago, all of my various allergies worsened, and this was when my eyes started to react. When Marlene delved into the cause of my puffy eyes, she discovered that I was astoundingly allergic to my tears. During the treatment, we both felt the emotional weight of the allergy, and I knew that this had been taking a serious toll on my body. Since that treatment, I’ve been puffy-eye free!

Thank you!
MM
Toronto, Ontario |

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<th>Ulcer in the Esophagus Caused by Fear</th>
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| Four-year-old Steven suffered from severe esophageal ulcers and inflammation for 11 months. He was evaluated, examined and treated by a few specialists in the nearby University hospitals. The child’s esophageal ulcers remained a mystery to them. Since the whole esophagus was ulcerated, even surgery was out of question. The child couldn’t eat or drink anything due to severe pain he experienced from the throat below. He had a five-month-old brother on breast feed. His mother began breast feeding Steven again since he didn’t hurt much on breast milk. Steven began losing weight. His worried parents frantically began looking for help everywhere. They found NAET® through website and brought Steven to our office for an evaluation and began treatment immediately.

While he was getting treated for sugar allergy, he had to be treated for fear in order to clear the sugar treatment. His fear was traced back to the September 11, 2001, WTC incident. Why should a California born, three-year-old be so fearful about 9/11 incident causing such strange health problem? It puzzled us. So we asked the mother to think back and tell us everything that happened on that day.

Then his mother remembered: His father who travels frequently for his business, was flying from New York to Los Angeles at that time when the airplanes attacked WTC. His mother and grandmothers were terrified not getting any communication from his father for hours. The child saw the panic in the family and became very fearful, and began throwing up right-away, one of the reactions of fear and nervousness in children. The father returned home safely but the boy’s brain did not come to a settlement. He continued to be sick until we treated him for his fear related to the particular incident. His ulcers healed up completely soon after that.

NAET® Practitioner: Mala Moosad, R.N., L.Ac, N.D.
Buena Park, Calif.
(714) 523-8900
email: NAET®@earthlink.net <http://earthlink.net/> |

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<th>Vulvodynia and Fibromyalgia</th>
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<td>A 51-year old female presented with a chief complaint of vulvodynia and fibromyalgia. Her vulvar pain was so intense that it was difficult to sit or walk. During the history taking she fidgeted and changed positions almost constantly and I could tell she</td>
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was in a great deal of pain. She had been unable to have intimate relationship with her husband for over a year and this was putting a strain in her marriage. The constant pain was making it difficult for her to function in any aspect of her life.

On my case history form there is a question that asks, “How long has it been since you really felt good?” She stated: “Years - I had female problems all my life, then had hysterectomy, then fibromyalgia started 6 weeks later. That continued for the past three years - every joint in my body was burning and aching and often I had intense stabbing pains, then I developed vulvodynia for the last year”.

She was thoroughly evaluated by specialists at the University of Michigan and by many other doctors too. No one could give her any explanation for her pain or any relief. She was given pain medication and antidepressants. An interesting thing about this case is that she told me she had already done some NAET treatments with another practitioner. She said she had cleared all the basics. When I tested her she was clear for the first five including sugar, but she hadn’t cleared for the rest. She was allergic to iron, vitamin A, minerals, salt, chlorides, corn, and grains. She insisted she had done these treatments so I explained that evidently these treatments had not held and we need to treat them. Once we did this through grains her symptoms started to improve.

We cleared her for many other foods, hormones, DHEA, oxalic acid, and oxalates (which sometimes aggravate vulvodynia) and she is totally free from pain now. She can sit for long periods at a time, she can even have intimate relationship with her husband without any discomfort whatsoever. Her marriage is stronger than ever now. In addition, she is no longer bothered by fibromyalgia. She is extremely happy with her outcome.

NAET Sp: Sue Anderson, D.C.
Ann Arbor, Michigan

| Wool Allergy                  | Since childhood, when I wore a wool toque, my hair would get greasy in a few minutes. Polyester caps were fine. I would periodically try a wool hat and my head would look like I was practicing for a role in Grease. MC said, “You are allergic to wool." I was surprised since I can wear woolen clothing without itching. I thought a wool allergy meant lots of scratching and red rashes. After being treated, I can wear a woolen cap without turning into a grease ball. It was just in time too. My new girlfriend knitted a wool cap for me for Christmas. Without the treatment I would have disappointed her because I couldn't wear it. But my scalp stays dry and I wear that cap whenever she is around.

Thank you!
Doug Hitch
Whitehorse, Yukon |